



## FROM THE HEART OF 3M

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### Reflecting on the Season: Nurturing Safety, Respect & Healthy Connections



As we enter the holiday season—a time filled with warmth, connection, and reflection—we are reminded of the importance of fostering environments where every individual feels safe, valued, and respected. For many, this season provides meaningful opportunities to reconnect with loved ones and to model the foundations of healthy relationships in our daily interactions.

Whether gathered around the table, welcoming college-aged children home for winter break, or simply checking in from afar, the holidays naturally open the door to honest conversations. These moments can be especially important for young adults navigating new relationships, new independence, and sometimes new challenges. Creating space for open dialogue—without judgment—helps them feel supported as they learn to recognize healthy behaviors, set boundaries, and seek help when something doesn't feel right.

Parents and caregivers play a vital role in shaping these conversations. Demonstrating respect, empathy, and thoughtful communication in our own relationships models what healthy connection should look like. Discussing

the basics—mutual respect, consent, trust, and safety—can empower young adults to build relationships grounded in dignity and care.

As we reflect on this past year, we are deeply grateful for our community of survivors, advocates, volunteers, partners, and supporters. Your dedication strengthens our mission and helps ensure that no one has to face violence or fear alone.

**Some of the most meaningful gifts are the ones that change lives.**

This holiday season, we invite you to give the gift of advocacy by making a donation to Turning Point.

Your generosity helps ensure that survivors have access to emergency shelter, counseling, legal advocacy, education, and the tools needed to rebuild safe, self-directed lives. It also fuels our prevention programs—teaching young adults, families, and communities how to build healthy relationships and break the cycle of violence.

When you support Turning Point, you are:

- Standing beside survivors as they take courageous steps forward
- Empowering prevention efforts that create safer futures for young people
- Strengthening our community's commitment to ending domestic violence

This year, consider honoring someone in your life with a gift that extends far beyond the season. Your support becomes someone's safety, someone's healing, someone's hope.

Blessings to you and yours!

In love and light,

**Mary Margaret Maule**  
Executive Director  
MBA, ICDVP

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## Ways to Give



### Monetary Donation

Turning Point never charges for services to

### Gift Card Program

Gift cards help us empower our clients to

### Amazon Wishlist

Have your donation of personal hygiene or

victims of domestic violence, which is why we count on individual donors, charitable foundations and business supporters in the community to help fund our programs.

maintain their independence by assisting with the purchase of clothing, household items, medication, birthday gifts, and more.

household cleaning products delivered right to our agency from Amazon!

**Make a monetary donation**

**Donate towards gift cards**

**Check out our Amazon Wishlist**

*Or start a monthly gift of \$10, \$20, or \$50 today and make a difference all year long!*

## Read Our Blogs

*Blogs are posted the 2nd Wednesday of every month, so be sure to follow our social media and check out our website to see when they go live!*

For the month of December, we are highlighting  
**When Vulnerabilities Intersect: Domestic Violence and Food Insecurity**

**When Vulnerabilities Intersect: Domestic Violence and Food Insecurity**

*December 10, 2025*

As 2025 draws to a close, many of us will be seeking time to rest, spend time with loved...

**A Look Back at the History of Turning Point**

*November 12, 2025*

When asked to write a piece on the history of Turning Point, my hope was to capture the mindset...

**READ OUR BLOGS HERE**

# Upcoming Events

Mark your calendars!

We invite you to join us at the **2026 Paint the Night Purple Gala** on Saturday February 28th, 2026



- **40 Hour Domestic Violence Training:** January 12 to 14th, 2026
- **People in Need Forum:** Saturday January 31st 8 am to 1 pm at MCC
- **Paint the Night Purple Gala 2026:** Saturday February 28, 2026
- **20-Hour PAIP Facilitator Training: March 10th - 12th, 2026**

[SIGN UP FOR A TRAINING](#)

[SAVE THE DATE: GALA](#)

Turning Point is the only comprehensive domestic violence agency in McHenry County. Our services for survivors include a 24/7 helpline, emergency shelter, individual and group counseling, mental health therapy, children's counseling, and legal advocacy. Our survivor services are offered at no cost to the community and are available in both English and Spanish.

Our Alternatives to Violence programs include our Partner Abuse Intervention Program, Survivor's Intervention Program, and Positive Parenting Interventions program. These programs are open to the community and have sliding scale fees.

Turning Point also offers Outreach and Prevention programming to local McHenry County schools and community members.

Our holistic approach ensures that we address domestic violence at every stage—from crisis intervention to prevention—so that we’re not just reacting to violence, but actively working to stop it before it begins.

Domestic and intimate partner violence can affect anyone. Turning Point serves everyone and we do not discriminate on the basis of race, color, national origin, age, disability, religion, gender, or sexual orientation.

## FOLLOW US @TURNINGPOINTDVS



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